

Case Report

Borderline Serous Papillary Tumor Arising in a Paraovarian Cyst: A Case Report and an Extensive Review of the Literature

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Abstract

Background: Paraovarian cysts are benign cysts that develop near the ovaries and fallopian tubes in the pelvic region. They can cause mass effects requiring excision. In rare cases, tumors may develop inside these cysts. These tumors may be benign, malignant, or borderline.

Case Report: A 26-year-old lady presented for excision of a paraovarian cyst. Pre-operative imaging showed the presence of few undulating folds at the periphery of the cyst. The patient underwent laparoscopic pelvic cystectomy without intra-operative drainage. Pathological examination of the specimen revealed a borderline serous papillary tumor protruding from the cyst wall.

Conclusion: The occurrence of a borderline tumor, also known as a tumor of low malignant potential, in a pre-existing paraovarian cyst is very rare and has only been reported few times in the literature. A thorough review of these cases showed that the most common imaging finding that raises suspicion for a borderline tumor within a paraovarian cyst is the presence of small intracystic projections within the unilocular adnexal cyst. However, since evaluating the presence of an intracystic tumor is not always possible, performing a fertilitypreserving laparoscopic cystectomy without cyst content spillage, is recommended. If properly excised, the prognosis of this tumor is good, and

Keywords: Borderline papillary tumor; Papillary projections; Paraovarian cyst; Excision; Case report.

Introduction

Paraovarian cysts, also called paratubal cysts, are simple cysts arising near the ovary or the fallopian tube [1]. They may be diagnosed incidentally or may cause symptoms resulting from the enlargement of the cyst, such as pelvic fullness, urinary urgency, and constipation. They may occasionally cause ovarian torsion. Diagnosis of paraovarian cysts can be made by ultrasonography or Magnetic Resonance Imaging (MRI), but the final diagnosis is by macroscopic microscopic tissue examination [2]. They are usually benign but may sometimes develop into malignant tumors [3].

Borderline tumors, also known as tumors of low malignant potential, are tumors with stromal invasion. vet histopathological features of malignancy: cellular stratification, detachment from the site of origin, mitotic activity, and nuclear atypia [4]. The occurrence of a borderline tumor in a pre-existing paraovarian cyst is infrequent and has only been described in 18 cases reported in 15 publications across the literature [5]. No risk factors for a paraovarian cyst or the development of a borderline tumor within it are described in the literature [5].

We herein report a case of a 26-year-old lady who presented for symptoms of paraovarian cvst enlargement underwent fertility-sparing laparoscopic excision of the cyst. A pathological examination later showed the presence of a borderline serous papillary tumor protruding from the cyst wall. An extensive literature review of the occurrence of borderline tumors in paraovarian cysts revealed the characteristics of these tumors with their presentations. Radiological and histopathological characteristics were also reviewed.

Case Presentation

A 26-year-old previously healthy lady presented to our institution in December 2020 for recurrent abdominal distention, mild left-sided lower abdominal pain, urinary urgency, and constipation. She described a feeling of pelvic fullness and pain that started in 2018, which incited a work-up where pelvic ultrasonography revealed the presence of a pelvic cystic mass. The cyst was aspirated in January 2020 using ultrasound guidance, and symptoms were relieved. The feeling of abdominal fullness recurred in October 2020 and the cyst was aspirated again, and she was advised to undergo surgical excision. No cytological studies of the aspirated cyst were performed in both aspirations.

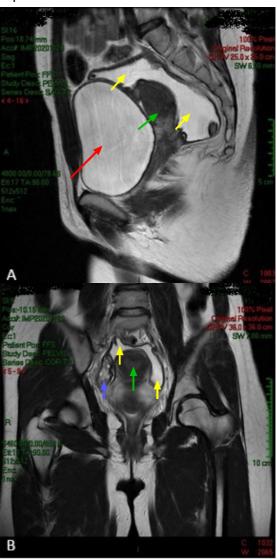


Figure 1: (A-B) MRI of the pelvis showing the fluid-filled cyst in the Douglas space, extending to the parauterine space on T2-weighted images in the sagittal cut (A) and coronal cut (B). The yellow, green, red and blue arrows indicate the pelvic cyst, the body of the uterus, the urinary bladder, and the right ovary, respectively.

Her last cyst aspiration was done under ultrasound guidance 1 month prior to presentation, and it yielded 3000 mL of cystic fluid from a huge abdominopelvic cyst of 20 cm. A follow-up MRI of the pelvis showed a residual shrunk cystic mass in the Douglas space extending to the parauterine space bilaterally. According to the radiologists' interpretation, the cyst was not related to the ovaries and was anatomically separated from them. MRI multiple bilateral ovarian showed subcentimetric simple follicular cysts and uterus of normal size with no evidence of masses and with a normal endometrial thickness (Fig. 1).

A repeat ultrasound was performed few days before the consultation. Results showed a 10.4 x 8.2 x 4 cm (176 mL) welldefined cystic lesion located in the pelvis. slightly lateralized to the left and anterior to the iliopsoas muscle and descending colon. The cyst had a well-defined regular wall, with a thickness of up to 3 mm, and no evidence of solid components or echogenic contents. Few undulating folds were seen at the periphery of this cystic lesion that appeared separate from the ovaries. The ovaries were of normal size bilateral physiological ovarian follicles. The uterus was also of normal size with an adequate endometrial thickness (Fig. 2).

On presentation, the patient's vital signs were unremarkable with an SpO2 of 97%, heart rate of 73, and blood pressure of 102/64 mm Hg. The physical exam did not reveal any abdominal distention or tenderness. Laboratory tests revealed mild microcytic anemia with a hemoglobin of 11.6 g/dL with a mean corpuscular volume of 79.2 fL. Otherwise, the white cell count and platelet count, electrolytes levels and urinalysis were within normal, and the serum $\beta\text{-hCG}$ (beta human chorionic gonadotropin) test was negative (Table 1).

The patient was admitted for laparoscopic pelvic exploration and cyst excision. Although extending bilaterally, the cyst was closer to the right ovary and was adherent to the right fallopian tube. The

cyst was easily separated from the right ovary and was excised and removed intact without intra-operative drainage along with the right fallopian tube (Fig. 3). The patient's postoperative course was uneventful, and she was discharged three days after surgery.

Table 1: Laboratory tests for the patient upon presentation. Abbreviations: CBC: Complete Blood Count; WBC: White Blood Cells; RBC: Red Blood Cells; HGB: Hemoglobin; HCT: Hematocrit; MCV: Mean Corpuscular Volume; PLT: Platelets.

		1
Test	Result	Reference range
CBC & Differential		
WBC	5.69	5.2 – 12.4 x10³/μL
RBC	4.48	4.2 – 5.4 x10 ⁶ /μL
HGB	11.6	12 – 16 g/dL
HCT	35.4	34 – 47 %
MCV	79.2	81 – 99 fL
MCH	25.8	27 – 31 pg
PLT	271	150 – 400 x10³/μL
Electrolytes		
Sodium	139	136 – 145 mEq/L
Potassium	5.0	3.5 – 5.1 mEq/L
Chloride	104	98 – 107 mEq/L
Bicarbonate	24	22 – 29 mEq/L
Creatinine	0.72	0.51 – 0.95 mg/dL
Urinalysis		

Normal: clear and normal color, pH = 5, No WBCs, nitrates, leukocyte esterase, blood, glucose, proteins, bilirubin or ketones.

Pathology results confirmed an unremarkable fallopian tube and a paratubal cyst. The cyst appeared to be a simple cyst measuring 11.5 x 10.5 x 4.5 cm and containing a clear yellow fluid. The thick fibrous cyst wall was smooth with a small inner 0.5 x 0.3 cm focal papillary projection (Figure 4A). The cells of the papillae were columnar with increased nuclear size and visible nucleoli and were associated with cellular tufting, consistent with an intraluminal borderline serous

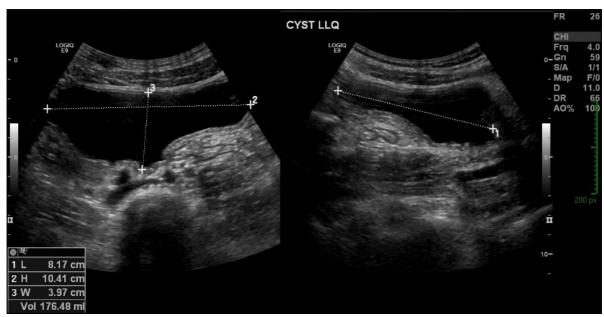


Figure 2: Pelvic US showing the pelvic cyst slightly lateralized to the left, anterior to the iliopsoas muscle and descending colon, and demonstrating a well-defined regular wall.

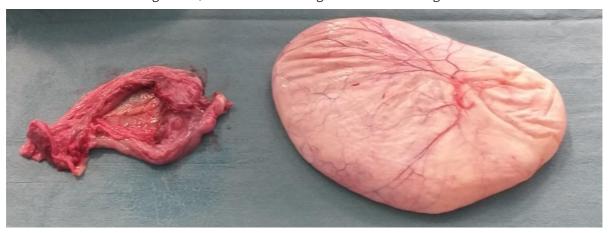


Figure 3: Surgical excision of the cyst and the right fallopian tube.

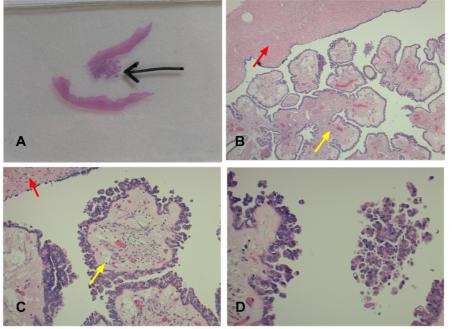


Figure (A-D): Pathological examination of the paraovarian cyst with the borderline serous papillary tumor. (A) showing the gross of appearance papillary projections (black arrow) from the cyst wall. (B-D) showing pathological the characteristics of the papillary tumor (yellow arrow) protruding from the cyst wall (red arrow), at 10x, 40x and 100x magnification in figures B, C and D respectively.

papillary tumor (Figure 4B-D). Follow-up of the patient after three months revealed complete resolution of the presenting symptoms.

Discussion

Paraovarian cysts are also known as paratubal cysts since they arise as simple cysts near the ovary or the fallopian tube [1]. They have been reported in women of all ages, and their incidence is estimated to be around 10-20% of adnexal masses [6]. Rarely, tumors such as borderline papillary tumors may arise in a paraovarian cyst. Diagnosis of such tumors may be difficult pre-operatively, and management strategies have varied between previous reports.

Radiological diagnosis of paraovarian cysts

Anatomically, a paraovarian cyst is located within the peritoneal space. The findings on ultrasound imaging are usually specific as in the case of our patient [6]: paraovarian cysts appear as a simple unilocular cyst separate from a normal ipsilateral ovary [7]. However, sonographic diagnosis is not always feasible, as preoperative diagnosis of paraovarian cysts was possible in only 6.6% of cases in one study by Liu et al. (2019) [8], and in up to 44% of cases in an older study by Jung Sik Kim et al. (1995) [2]. This explains why the diagnosis was missed in this case before laparoscopic exploration.

Paraovarian cysts can be very small but can also fill the whole pelvis, and have an average size of around 8 cm [9]. The size of the cyst in this patient is considerably large, knowing it was 20 cm on ultrasound upon initial presentation and maintained a maximum diameter of 10.4 cm on MRI after drainage.

Complications of paraovarian cysts

A feared complication of paraovarian cysts is malignant transformation. However, there is a paucity of data to accurately describe the risk of developing malignancy in paraovarian cysts [2]. In a retrospective 10-year study performed at the University

of Southern California, Los Angeles, California, among 168 women with paraovarian cysts with a mean age of 31.4. three had malignancies (2%) [3]. In another Chinese study, 4 out of 117 cases of paraovarian cysts were considered as lowgrade malignancies (3.4%)[10]. According to Moyle et al. (2010), neoplasms arising from paraovarian cysts can be benign, or malignant such as papillary serous cystadenoma, serous cystadenocarcinoma, endometrioid cystadenocarcinoma. mucinous or cystadenocarcinoma [6].

Management of paraovarian cysts

Management of small asymptomatic simple cysts is usually recommended to be only conservative as most will regress spontaneously, with an average of 22% decrease in size reported in one series of small simple cysts upon follow-up [11]. According to García-Tejedor et al. (2015), due to the low risk of malignant transformation, some lesions may be monitored with imaging [12]. However, this is debatable among different society auidelines. The definitive operative fertility-sparing management is laparoscopic exploration and excision [13]. Some references suggest percutaneous drainage and sclerosis may be indicated [14], especially in small cysts (smaller than 7 cm [15]) since larger cysts would require excision. Other reports describe the recurrence of cyst enlargement, even leading to ovarian torsion, after surgical drainage [16].

Operative management is warranted when the cysts are symptomatic, large, or complex. Large paraovarian cysts are at a higher risk of causing acute or chronic symptoms and are more likely to require invasive management [11]. Also, some ultrasound findings in complex cysts may require operative management. These findings may indicate a higher risk for malignant transformation, and they include the presence of solid components and mural masses [17]. The most common is intracystic papillary projections, which was the case reported here [18]. Interestingly, a

study under-reported supports an incidence of papillary excrescences in paraovarian cysts, reaching 22% of [19]. This presenting cysts studv recommends a more frequent use of endo bag devices in laparoscopic excision of paraovarian cysts to prevent spillage of cystic fluid in case of neoplastic tissue inside the fluid [19].

Borderline tumor within a paraovarian cyst

Gross examination of the paraovarian cyst reported a 0.5 x 0.3 cm focal papillary projection consistent with a borderline serous papillary tumor on pathologic examination. Paratubal/paraovarian serous borderline tumors are also called paratubal/paraovarian serous cysts of low malignant potential.

The diagnosis of borderline malignancy (or "carcinoma of low malignant potential") depends on light microscopic criteria adopted for epithelial tumors of the ovary: a form of common epithelial tumors that are intermediate between morphologically benign and malignant. This type of tumor has some, but not all, of the morphological features of malignancy: stratification of the epithelial cells, apparent detachment of cellular clusters from their sites of origin. mitotic activity, and intermediate nuclear abnormalities. However, invasion of the adjacent stroma should be absent [4]. Most cases of borderline tumors arising from a paraovarian cyst described in the literature were serous, borderline tumors; only a few cases reported mucinous, borderline tumors [20], or endometrioid borderline tumors [21], arising in a paraovarian cyst.

An extensive literature review of borderline tumors arising in paraovarian cysts was performed on PubMed using the following keywords: *Paraovarian cyst* OR *Paratubal cyst* AND Borderline tumor OR Low malignant. Only 18 cases of serous borderline tumors in paraovarian cysts have been reported in a series of 15 publications. The case we report herein is the 19th case.

Table 2 summarizes the patients'

characteristics and Table 3 summarizes radiological findings, operative management, tumor characteristics, and recurrence outcomes in the reported cases.

Characteristics of patients with borderline tumor in a paraovarian cyst

The age of the reported patients at diagnosis of the borderline tumors ranges from 14 to 85 with a mean of 38 years old, knowing that paraovarian cysts are most commonly diagnosed in the 3rd to 4th decade of life [22]. The majority (84.2%) of paraovarian cysts with borderline serous tumors were in the right adnexa. Only three cysts from the 19 reported cysts (15.8%) arose from the left adnexa. The largest diameter of the paraovarian cysts giving rise to borderline tumors was remarkably variable and ranged from 1 cm to 20 cm, with an average size of 9.4 ± 6.0 cm.

Eight paraovarian cysts out of the reported 19 cases were diagnosed incidentally and were asymptomatic. This high proportion (42.1%) of paraovarian presentation is in line with previous reports [13]. Four cysts (21%) presented with menstrual problems, four other cysts with chronic pelvic pain (15.8%) fullness. Three cysts presented with an acute ovarian torsion episode, which is in line with the previously estimated incidence of ovarian torsion as a presentation of a paraovarian cyst (18.5%) [13].

Serum tumor markers

CA-125 tumor marker levels were high in only 3 three patients among the 14 patients (21.4%) with reported laboratory tests. Among these three, one patient had only a mild elevation (46.2 U/ml with the normal upper limit is 35 U/ml [23]), while another had previously diagnosed endometriosis (a common cause of CA-125 elevation [24]). Elevated CA-125 levels were not previously reported to be associated with paraovarian cysts. It seems that a borderline tumor arising in a paraovarian cyst can only be rarely associated with an elevated CA-125 level.

Table 2: Characteristics of patients reported to present with borderline serous papillary tumors arising in a paraovarian cyst. (NA: Not Applicable)

#	Case Report	Age	Location of the cyst	Size (cm)	Presentation	CA-125 level	
1	Chandraratnam & Leong (1983) [20]	53	Right	13 x 9 x 8	Incidental finding during abdominal surgery	NA	
2	De Areia et al. (2004) [21]	23	Right	11.8 x 10.2 x 10	Abdominal enlargement and pelvic pain	Normal	
3	Seamon et al. (2009) [26]	26	Right	12.5	Ovarian torsion	NA	
4	Kumbak et al. (2010) [29]	39	Left	6 × 3	Incidental finding during C-section	Normal	
5	Terek et al. (2011) [27]	19	Left	10	Ovarian torsion with hemodynamic instability	NA	
6	Shin et al. (2011) [28]	27	Right	16	Left flank pain	Normal	
7	Alaoui et al. (2012) [30]	38	Right	10 x 5	Ovarian torsion	Normal	
8	Kiseli et al. (2012) [1]	33	Right	7 x 5	Menstrual irregularities and oligomenorrhea	Normal	
9	Suzuki et al. (2013) [31]	38	Right	5.2 x 5.1	Incidental finding	Normal	
10	Zhao et al. (2015) [32]	43	Right	4 x 3 x 3	Incidental finding	Normal	
11	Zhao et al. (2015) [32]	75	Right	2.5 x 2.5 x 2.5	Incidental finding	Normal	
12	Zhao et al. (2015) [32]	35	Right	3 x 3 x 2.5	Incidental finding	Normal	
13	Zhao et al. (2015) [32]	43	Right	5 x 4 x 4	Chronic menorrhagia	Significantly elevated (patient had endometriosis)	
14	Lee et al. (2016) [33]	17	Right	19	Menstrual irregularities and mild dysmenorrhea	Normal	
15	Kajiyama et al. (2017) [15]	22	Right	6.5 x 4.4	Acute pelvic pain due to cyst rupture	Extremely elevated: 28,831 U/mL	
16	Baek (2019) [25]	61	Left	6 x 5 x 4	Incidental finding	Normal	
17	Chao et al. (2020) [34]	14	Right	20 × 16	Menstrual irregularities and pelvic fullness	Slightly elevated: 46.2 U/ml	
18	Mehawej et al. (2020) [5]	85	Right	1 x 1	Incidentally finding during abdominal surgery	NA	
19	Current case report	26	Right	20	Abdominal distention, pelvic pain, urinary urgency and constipation	NA	

Table 3: Radiological findings, operative management, tumor characteristics and recurrence outcomes in the reported cases of borderline tumors arising in paraovarian cyst (NA: Not Applicable; US: Ultrasound imaging; CT: Computed Tomography imaging; MRI: Magnetic Resonance Imaging)

# Case Report Indings Indiangs India		souria irrag	jirig, Cr.	. Compated i	ornograpny in	9 9,	vii II. Magnelic Hest		3 3/	
Case Report findings Radiological findings Operative management Chandraratnam & Leong (1983) [20] Undetected cyst on US: unilocular cyst of Leong (1983) [20] Open cystectomy and oophorectomy De Areia et al. (2004) [21] With internal vegetations US: unilocular cyst of vegetations CT: simple adnexal cyst of cyst	Recurrence	None after 30 m	None after 5 m	None after 12 m	Recurrence in ovary after 9 m: cystectomy performed again with no recurrence after 3 m	None after 7 m	None after 20 m	None after 12 m	None after 12 m	
Case Report findings Chandraratnam & Undetected cyst on Leong (1983) [20] De Areia et al. (2004) [21] Seamon et al. (2009) [26] Terek et al. (2011) With intramural nodules and projections Shin et al. (2011) Shin et al. (2011) Alaoui et al. (2012) [30] Alaoui et al. (2012) [30] Kiseli et al. (2012) With papillary projections inside with papillary projections	Borderline tumor findings	A sharply circumscribed 9 x 6 x 1 cm intracystic papillary growth	Several papillary ingrowths	Multiple papillary excrescences: FIGO stage IC extending to fallopian tube	Multiple papillary structures lined by serous epithelium	Multiple papillary protrusions	Multiple papillary projections up to 2.1 cm in greatest dimension	Rare papillary projections measuring 0,5cm	Multiple papillary projections	
Case Report Chandraratnam & Leong (1983) [20] De Areia et al. (2004) [21] Seamon et al. (2009) [26] Kumbak et al. (2010) [29] Terek et al. (2011) [27] Shin et al. (2011) [28] Alaoui et al. (2012) [30] Kiseli et al. (2012)	Operative management	Open cystectomy and oophorectomy	Open cystectomy	Laparoscopic cystectomy, salpingooophorectomy, omentectomy, bilateral pelvic-aortic lymphadenectomy, and multiple pelvic and abdominal peritoneal biopsies	Open cystectomy with fertility-preserving staging procedures	Open cystectomy	Open paratubal cystectomy and fertility- sparing surgical staging procedures	Open cystectomy	Open cystectomy with right ovarian wedge resection	
	Radiological findings	Undetected cyst on US	US: unilocular cyst with internal vegetations	CT: simple adnexal cyst	Undetected cyst on US	US: adnexal cyst with solid projections	US: adnexal cyst with intramural nodules and thickened wall CT: pelvic cyst with enhancing solid intramural nodules	US: oblong adnexal cyst suggestive of hydrosalpinx	US: pelvic cyst with papillary projections inside MRI: ovarian cyst with papillary projections	
# - 0 6 4 0 6 6	Case Report	Chandraratnam & Leong (1983) [20]	De Areia et al. (2004) [21]	Seamon et al. (2009) [26]	Kumbak et al. (2010) [29]	Terek et al. (2011) [27]	Shin et al. (2011) [28]	Alaoui et al. (2012) [30]	Kiseli et al. (2012) [1]	
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None after 12 m	None after 49 m	None after 37 m	None after 32 m	None after 5 m	None after 3 m	None after 12 m	None after 24 m	None after 3 m	None after 3 m	Ą Z
A 10-mm-sized solid protrusion	One intra-papilla of 1.3 cm	Four mini-papillae of 0.1 - 0.3 cm diameter	One papilla of 1 cm	Two papillae of 0.1 - 0.2 cm	A single papillary projection	Multiple papillary projections of FIGO stage Ic	Small polypoid lesions on the internal surface of the cyst	2 intracystic solid excrescences characterized by hierarchically branching papillae	Inner cyst lining with branching papillae	Small inner 0.5 x 0.3 cm focal papillary projection
Open cystectomy with subtotal omentectomy	Laparoscopic cystectomy	Laparoscopic cystectomy with total hysterectomy and bilateral salpingooophorectomy	Laparoscopic cystectomy and salpingectomy	Laparoscopic cystectomy with total hysterectomy and bilateral salpingooophorectomy	Laparoscopic salpingectomy and ovarian wedge resection	Laparoscopic cystectomy with unilateral salpingo-oophorectomy, omentectomy, and peritoneal biopsy	Laparoendoscopic single-site (LESS) surgery	Laparoscopic aspiration followed by cystectomy	Open simple cystectomy	Laparoscopic cystectomy
US: unilocular cyst with an 8 mm solid part within the tumor	US: oval anechoic paratubal cyst with single intracystic papilla	US: round hypoechoic paratubal cyst with multiple intracystic papillae	US: oval hypoechoic paratubal cyst with single intracystic papilla	US: oval hypoechoic paratubal cyst with no intracystic papillae	US: ovarian cystic mass CT: ovarian cyst with enhancing intramural papillary projection	US: collapsed unilocular cyst near the ovary with multiple papillary projections CT: unilocular cyst with a thick wall and papillary projections	Serial US: a growing ovarian unilocular cyst with a thin wall, no septa and no papillary projections CT: ovarian unilocular cyst without enhancing solid intramural nodules	US: adnexal cyst with an upper pole projection CT: unilocular ovarian cyst with peripheral mural components	Undetected cyst on US	US: pelvic cyst with regular wall and few undulating folds at the periphery
Suzuki et al. (2013) [31]	Zhao et al. (2015) [32]	Zhao et al. (2015) [32]	Zhao et al. (2015) [32]	Zhao et al. (2015) [32]	Lee et al. (2016) [33]	Kajiyama et al. (2017) [15]	Baek (2019) [25]	Chao et al. (2020) [34]	Mehawej et al. (2020) [5]	Current case report
თ	10	+	12	5	4	5	16	17	8	6

Radiological findings of borderline tumor within a paraovarian cyst

Most paraovarian borderline tumors had some radiological predictive findings. In fact, among 19 patients imaged preoperatively with either ultrasound. Computed Tomography (CT) scanning, or MRI, 13 patients (68.4%) showed cysts with papillary projections or mural solid components suggestive of intracystic tumors. Three patients (15.8%) had simple unilocular cysts on imaging with no extramural or intracystic components. Three patients (15.8%) had no detected cysts on imaging, and the cysts with borderline tumors were diagnosed during routine abdominopelvic surgery.

Operative management of paraovarian cyst with borderline tumor

Operative management decisions varied for each patient. Approaches were almost equally divided between laparoscopic and laparotomic, with 10 out of the 19 cases undergoing а laparoscopic (52.6%) cystectomy and 9 cases (47.3%)undergoing a laparotomic approach. The laparotomic cystectomy was most common before 2015, but most of the surgeries afterward were laparoscopic. Most did only a simple cystectomy with no staging procedures. In 15 out of the 19 patients, it was preferred to perform a fertility-sparing operation, but when a patient was old or when there were concerns of tumor progression beyond stage 1A, oophorectomy or hysterectomy was concurrently performed [25-27].

Pathological characteristics of borderline papillary tumor within a paraovarian cyst

Post-operative gross and pathological examination of the specimens confirmed that the papillary lesions projecting inside the paraovarian cyst are borderline serous papillary tumors. Their size varied widely from 1 mm to 9 cm, with an average of 1.8 cm. International Federation of Gynecology and Obstetrics FIGO Ovarian Tumor Staging was used to describe tumors arising in paraovarian cysts. Most tumors in the reported cases (89.5%) were

stage 1A, limited to a cyst with an intact capsule and no tumor on the surface [24]. Tumor staging as FIGO stage 1C was reported in only two patients. In one of these patients, the tumor extended to the surface of the cyst [27]. In another patient, the paraovarian cyst was ruptured upon presentation, which warranted staging due to capsule rupture [17].

Post-operative prognosis of borderline tumor within paraovarian cyst

Among the 18 patients followed up for an average period of 16 months after cyst with borderline tumor excision, all but one (94.4%) did not show recurrence. This indicates a very low risk of recurrence and predicts a relatively good prognosis. Interestingly, the only cyst that reportedly recurred was an incidental finding of a medium-sized cyst (6 x 3 cm) in an average-aged woman (39 years old) [28].

Conclusion

Borderline papillary tumor arising in paraovarian cyst is a rare condition reported only 18 times in the literature. We report here the 19th case and compare the different and diverse occurrences and characteristics of these cases.

The age of the patients at presentation varied widely from adolescent girls to postmenopausal women. The paraovarian cyst and the papillary projections giving rise to the borderline serous tumors both varied in size from minutely small to considerably large. Cyst diagnosis also ranged from being an incidental finding to presenting with an acute pain episode suggestive of adnexal torsion in other cases. The most common imaging finding suggesting a borderline tumor within a paraovarian cyst was the presence of a unilocular adnexal cyst with intracystic projections.

Most cases were FIGO stage 1A, which explains the recommendation of performing a fertility-preserving laparoscopic cystectomy without cyst content spillage, as evaluation of the presence of an intracystic tumor is not

always possible.

More invasive staging procedures such as bilateral salpingo-oophorectomy, hysterectomy, peritoneal biopsies, and paraaortic lymph node dissection are not usually necessary for typical cases of unilocular paraovarian cyst with borderline serous tumor. Recurrence of such tumors after excision was also found to be very rare and reported only once in the literature. Despite missing the diagnosis preoperatively, our patient was adequately treated and remains disease-free on a 3-months follow-up.

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